

Power of Silence

Psalms 37:7

Be still before the Lord and wait patiently for him; fret not yourself over the one who prospers in his way, over the man who carries out evil devices!

Sir, we will have to put the phone back on factory setting" this is what we hear from the mobile repair guy when we take our irrational behaving phone to the repair centre.

Why is silence important?

Our mind is like a mobile phone which comes with basic factory settings...later we keep storing applications one after the other and fill the space with useless apps making the phone to disfunction. Likewise, when we are born, we come with a factory setting done by OUR wonderful LORD. Few of the basic installations are no anger, no jealousy, no envy etc... that's why in scriptures it says in

Mathew 19:14.

"Let the little children come to me, and do not hinder them, for the kingdom of heaven belongs to such as these."

later we pollute our minds according to worldly desires and wants, which push us to behave erratic. Now to put back our mind to the basic settings we have to undergo the process of silence.

What is silence?

Switching off our thoughts, wants, desires and concentrating on yourself to clean off our mind's pollutants like envy, lust, jealousy, selfishness etc...and inviting or allowing Holy Spirit to reside in us.

Exodus 14:14

The LORD will fight for you; you need only to be still.

The Scripture confirms that when we become silent LORD will take charge over us and will stand for us.

So, my dear confidant...let's make it a practice to switch off our minds for factory setting and allow our LORD to dwell in our minds and hearts...and grow silently.

Enjoy the power of silence.

Shalom!

Sr. Elizabeth Joseph Chengannur 027